

Wheel of Health Clinical Profile

Claire Ashton

Senior Clinical Associate and Team Leader | Occupational Therapist

Role	Senior Clinical Associate and Team Leader
Profession	Occupational Therapist
Professional registration	HCPC registered Occupational Therapist
Region	North West
Specialist focus	Posture, mobility, wheelchair seating and pressure management

Professional profile

Claire Ashton is an experienced Independent Occupational Therapist working with children and adults with complex disabilities. She has specialist skills in the assessment of people with physical disabilities who have seating and mobility needs. Claire carefully considers function, occupation and participation when carrying out in-depth assessments and applies a flexible, highly organised and clinically reasoned approach. Her expertise includes posture and mobility, wheelchair assessment and prescription, pressure mapping, tissue viability and pressure redistribution. Claire works as a Senior Clinical Associate and Team Leader for Wheel of Health.

Specialist clinical expertise

- Manual and powered wheelchair assessment and prescription
- Full postural assessment and specialist seating recommendations
- Pressure management, tissue viability and pressure mapping interpretation
- Holistic functional assessment focused on occupation and participation
- Complex disability across children and adults
- Clinical report writing, organisation and multidisciplinary communication
- Team leadership and associate support

Contribution to Wheel of Health

Claire brings clinical depth, organisation and leadership to Wheel of Health. Her expertise in posture, mobility and pressure management supports the company's commitment to future-focused recommendations that improve comfort, function and participation. As a Team Leader, she also contributes to clinical quality, mentorship and consistency across the associate team.

Clinical experience

Dates	Role / organisation	Relevant focus
2015 - Present	Senior Clinical Associate and Team Leader, Wheel of Health	Provides specialist seating and postural management assessment and equipment recommendations for clients with complex disabilities.
2020 - Present	Associate Occupational Therapist, Enable Therapy	Completes functional occupational therapy assessments and provides therapy and treatment to clients with complex disabilities.
2015 - Present	Expert Witness, Bush & Co Rehabilitation	Completes assessments and provides care and occupational therapy reports for claimant and defendant work.
2015 - 2018	Posture and Seating Advisor, ILS Rehabilitation Solutions	Assessed people with complex disabilities and advised on posture and seating needs.

Education and qualifications

- BSc (Hons) Occupational Therapy, University of Salford - 2:1
- Wheelchair Assessment and Prescription, University of Greenwich - 10-month course

Professional registration and memberships

- Health and Care Professions Council - Occupational Therapist
- Royal College of Occupational Therapists / British Association of Occupational Therapists
- Posture and Mobility Group

Governance and quality assurance statement

Claire works within Wheel of Health's clinical governance framework and maintains appropriate professional registration, professional indemnity, continuing professional development and standards of documentation, communication, safeguarding and professional accountability. This supports consistent, person-centred assessment, clinically reasoned recommendations and high-quality reporting across Wheel of Health services.