

Wheel of Health Clinical Profile

Kirsten Taylor-Brown

Senior Clinical Associate | Physiotherapist

Role	Senior Clinical Associate
Profession	Physiotherapist / Moving and Handling Advisor
Professional registration	HCPC registered Physiotherapist
Region	East Anglia
Specialist focus	Neurophysiotherapy, moving and handling, complex injury and postural management

Professional profile

Kirsten Taylor-Brown is passionate about achieving the best possible quality of life for the people she works with. Her background includes care and support work, physiotherapy and neurophysiotherapy. She qualified as a Moving and Handling Advisor and followed her passion for 24-hour postural management through ongoing learning and hands-on experience. Kirsten has experience in case management, moving and handling assessment, training, complex neurological conditions, learning disabilities, catastrophic injury, postural care and physical management planning.

Specialist clinical expertise

- Neurophysiotherapy and complex neurological conditions
- Moving and handling assessment, advice and training
- Postural care and physical management planning
- Case management for complex and catastrophic injury
- Compassionate, person-centred communication
- Risk assessment and individualised solutions
- Training for care teams and families

Contribution to Wheel of Health

Kirsten brings neurophysiotherapy, moving and handling and case management expertise to Wheel of Health. Her focus on person-centred implementation, carer compliance and practical training supports recommendations that are realistic, safe and meaningful for clients and support teams.

Clinical experience

Dates	Role / organisation	Relevant focus
October 2023 - Present	Case Manager and Moving and Handling Lead, Ben Holden Ltd	Manages moving and handling service, provides assessments and training, case manages clients with complex and catastrophic injuries and coordinates professional input.
2022 - 2023	Case Manager and Moving and Handling Advisor, Anglia Case Management Ltd	Provided case management and moving and handling services to a complex caseload.
2018 - 2021	Neurophysiotherapist, Orchard Manor, The Aurora Group	Led physiotherapy services for 30-40 young people with complex neurological conditions and learning disabilities, including postural care and physical management plans.
2012 - 2017	Physiotherapist, Addenbrooke's Hospital	Rotational roles across neurological critical care, respiratory, orthopaedic and general inpatient wards.

Education and qualifications

- BSc (Hons) Physiotherapy, University of East Anglia - First Class Honours
- Advanced Level 4 RoSPA People Handling and Risk Assessment Key Trainer's Certificate
- Rebound Therapy and Hydrotherapy for Neurological Conditions
- CPD in Postural Management and Pressure Care

Professional registration and memberships

- Health and Care Professions Council - Physiotherapist
- Chartered Society of Physiotherapy
- National Back Exchange
- Posture and Mobility Group
- Society of Occupational Medicine
- Vocational Rehabilitation Association UK
- British Association of Brain Injury Case Managers

Governance and quality assurance statement

Kirsten works within Wheel of Health's clinical governance framework and maintains appropriate professional registration, professional indemnity, continuing professional development and standards of documentation, communication, safeguarding and professional accountability. This supports consistent, person-centred assessment, clinically reasoned recommendations and high-quality reporting across Wheel of Health services.